



Upholster and handicraft artisan

Project Number: 2020-1-DE02-KA202-007465



Co-funded by the
Erasmus+ Programme
of the European Union

Upholster and handicraft artisan

Project Title: Innovative and Practical
training for low-skilled and migrants
Jobs

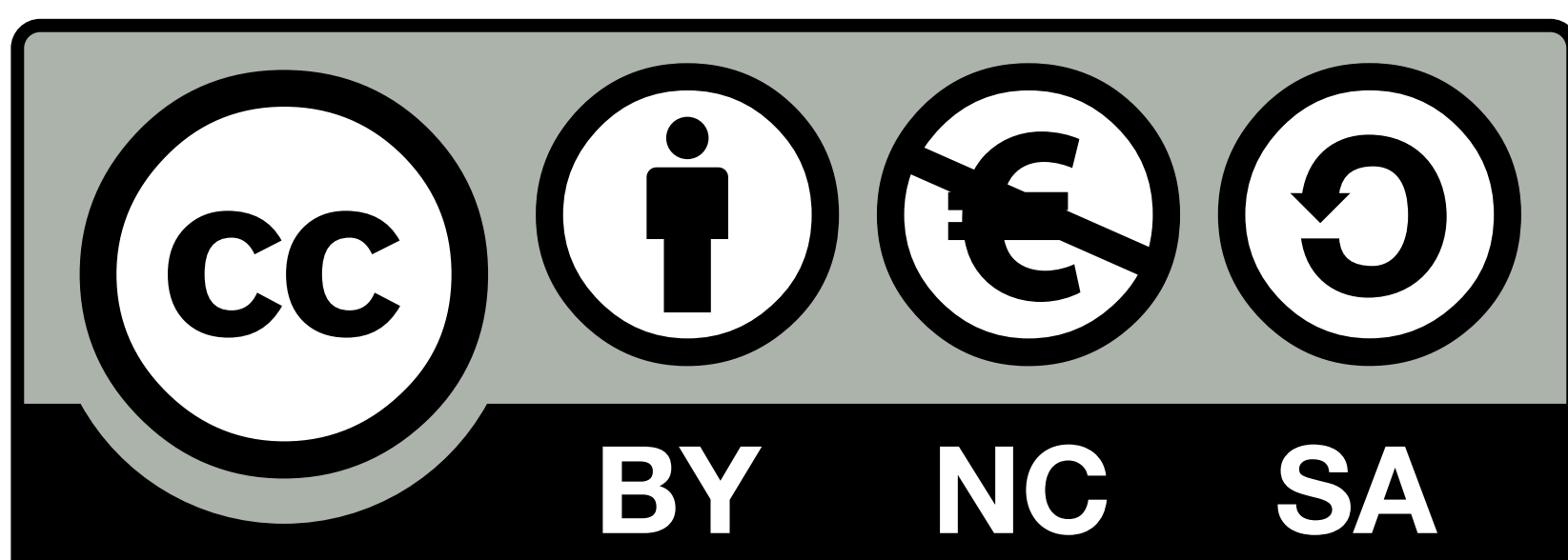
Main objective of the project:

Our goal is to give you, the trainers or educators, the right tools to create the right environment for your students to thrive both in the classroom, but more importantly, on the labor market, after completing your classes.



Co-funded by the
Erasmus+ Programme
of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



Some materials, referred to in copyright law as “works”, are published under a Creative Commons Licence (licence type: Attribution-NonCommercial-ShareAlike 4.0 International (CC BY-NC-SA 4.0)) and may be used by third parties as long as licensing conditions are observed. Any materials published under the terms of a CC Licence are clearly identified as such.

© This article was published by ip4j.eu under a Creative Commons Licence. For more information, please visit www.bibb.de.

link to the direct Internet address (URL) of the material in question:

<https://ip4j.eu/>

link to the Creative Commons Licence referred to:

<https://creativecommons.org/licenses/by-nc-nd/4.0/>

link to the BIBB page containing licence information:

<https://www.bibb.de/cc-lizenz>

Contents

ISCO 08 Occupation	5
Examples of the occupations classified here	5
Description of the Profession	6
Description of functions	7
Work conditions	8
Occupational interests	9
Requirements of job holder	10
Replace Seat pad	11
Sew a bag	14
Transforming a shirt	17
Make a Straw hat	20
Traditional Weaving Technique	23
Transforming a T-Shirt into a Bag	26
Scarf from a T-shirt	29
Links	32

Job title

Upholster and handicraft artisan

ISCO 08 Occupation

Upholsterers and Related
Workers 7534

Examples of the occupations classified here

- Tailors, Dressmakers, Furriers and Hatters - 7531
- Garment and Related Patternmakers and Cutters – 7532
- Sewing, Embroidery and Related Workers – 7533
- Upholsterers and Related Workers – 7534
- Pelt Dressers, Tanners and Fellmongers 7535
- Shoemakers and Related Workers - 7536

Description of the Profession

Garment and related trades workers fit, alter and repair tailored clothing; design and make textile and fur garments and leather or fur products; repair, renovate and decorate garments, gloves and other textile products; create patterns for garments; install, repair and replace the upholstery of furniture, fixtures, orthopaedic appliances and furnishings of automobiles; trim, scrape, tan, buff and dye animal hides, pelts or skins; modify and repair footwear and leather articles

Description of functions

- discussing upholstery fabric, colour and style with customers and providing cost estimates for upholstering furniture or other items;
- making upholstery patterns from sketches, customer descriptions or blueprints;
- laying out, measuring and cutting upholstery materials following patterns, templates, sketches or design specifications;
- installing, arranging and securing springs, padding and covering material to furniture frames;
- sewing upholstery materials by hand to seam cushions and joining sections of covering materials;
- sewing rips or tears in material, or creating tufting, using needle and thread;
- tacking, gluing or sewing ornamental trims, buckles, braids, buttons and other accessories to covers or frames on upholstered items;
- laying out, cutting, fabricating and installing upholstery in aircrafts, motor vehicles, railway cars, boats and ships;
- repairing raw hide coverings of artificial limbs;
- renovating antique furniture using a variety of tools including ripping chisels, magnetic hammers and long needles;
- collaborating with interior designers to decorate rooms and coordinate furnishing fabrics;
- making quilts, cushions and mattresses.

Work conditions

Upholsterers and related workers install, repair and replace upholstery of furniture, fixtures, orthopaedic appliances, seats, panels, convertible and vinyl tops and other furnishings of automobiles, railway coaches, aircraft, ships and similar items with fabric, leather, rexine or other upholstery material. They also make and repair cushions, quilts and mattresses.

In order to carry out the work tasks, general competencies are also necessary, such as: interest in artistic and handicraft products, communication at the workplace, application of safety work protection, carrying out team activity, organizing the workplace, planning one's own activity.

Occupational interests

Artistic Interests: Artistic pursuits often involve working with shapes, designs, and patterns. It often requires self-expression, with work being able to take place without following a set of clear, predetermined rules.

Investigative Interests: Investigative occupations involve working with ideas and require a lot of thinking. They may involve researching facts and solving problems using reason.

Realistic interests: Realistic occupations frequently involve practical activities, as well as solving concrete problems, often dealing with objects, tools such as wood, clothes, machinery. The work is mostly done in a laboratory and there is rarely bureaucracy or teamwork involved.

Requirements of job holder

- age: not younger than 16 years
- basic knowledge about wood and clothes
- motivation and interest for work
- Coordination-Adjusting one's own actions in relation to those of other people.
- Active listening/attention-Giving full attention to what other people have to say/show, investing the time necessary to understand the arguments presented, asking questions when necessary.

Unit 1 **Replace Seat pad**

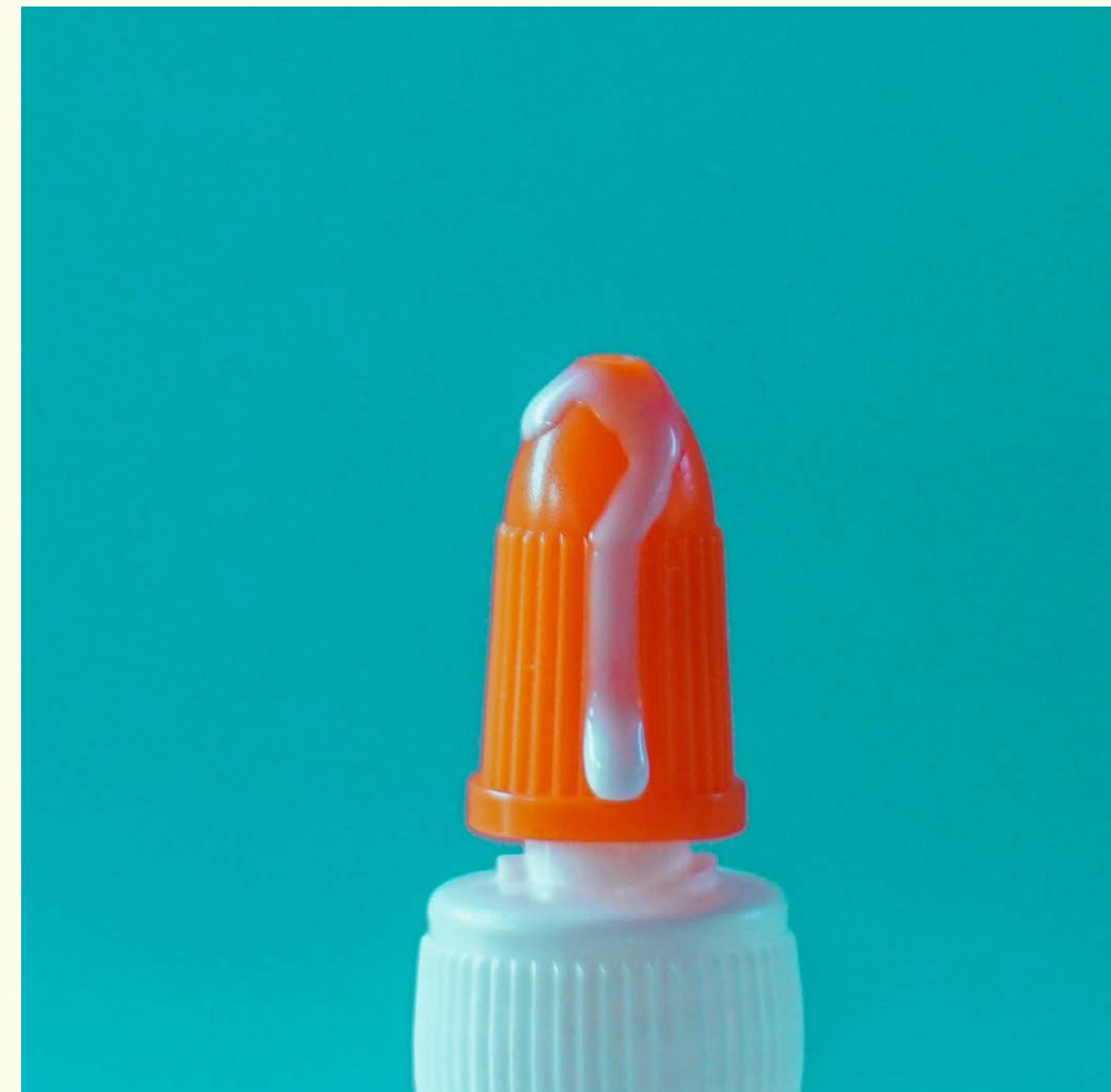
Learning objectives

- Identify the tools needed.
- Choose the right type of tools
- Adjust the foam
- Measure and cut the cover fabric
- Use the stapler
- Fix the cover of the seat pad



Tools needed

Stapler, scissors, glue



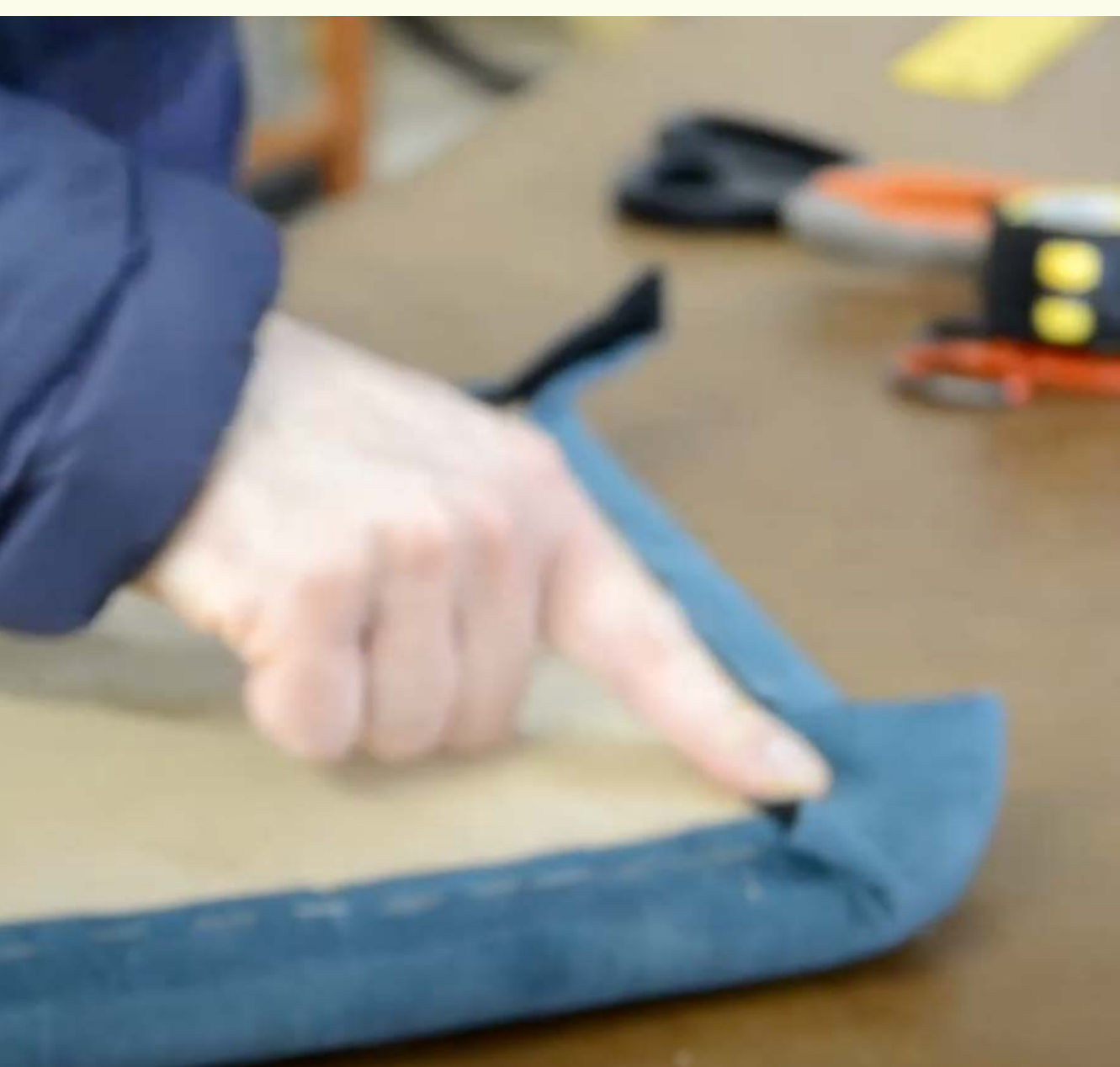
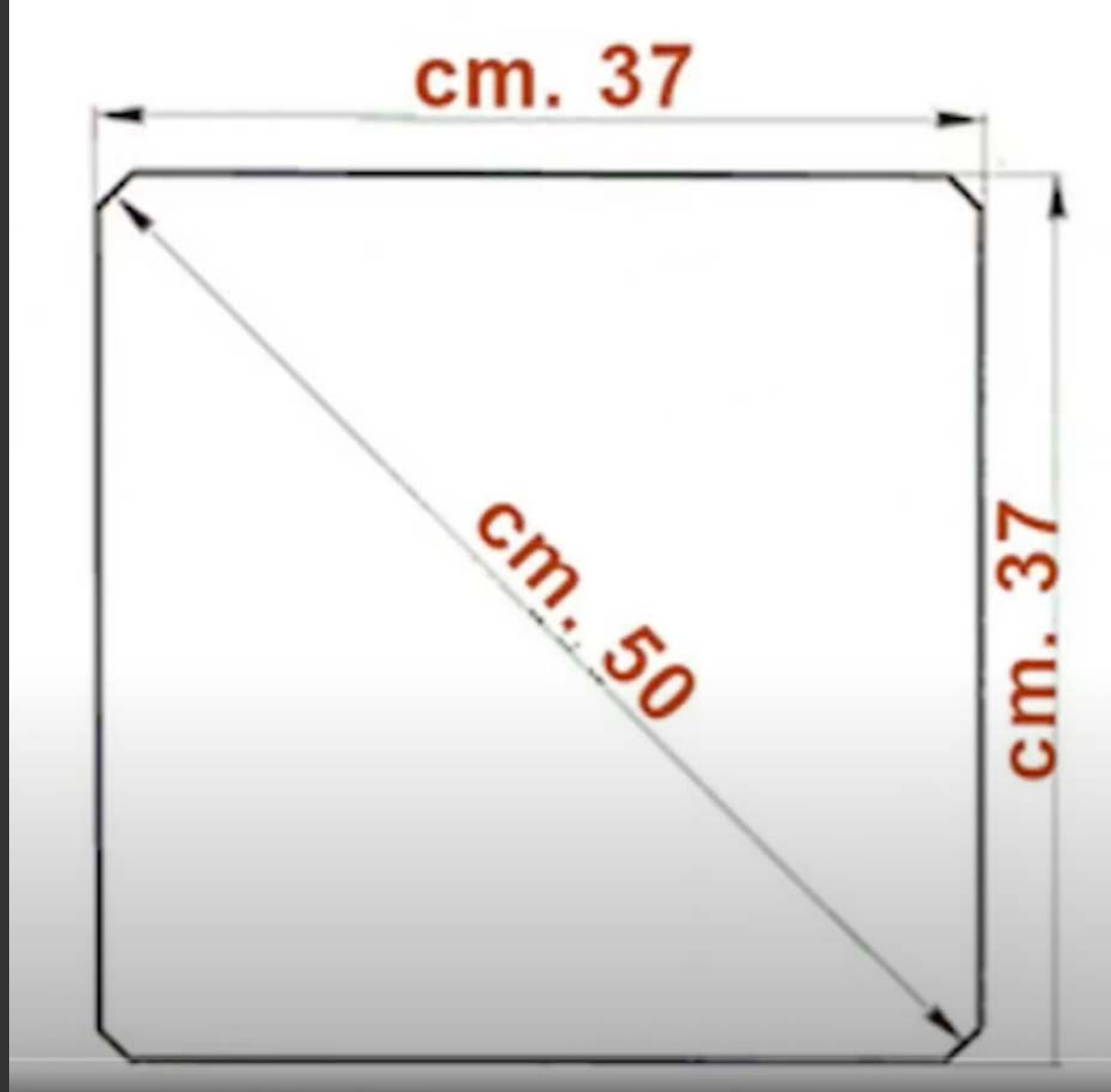
Raw materials

Wooden board, Foam, cover fabric



Steps

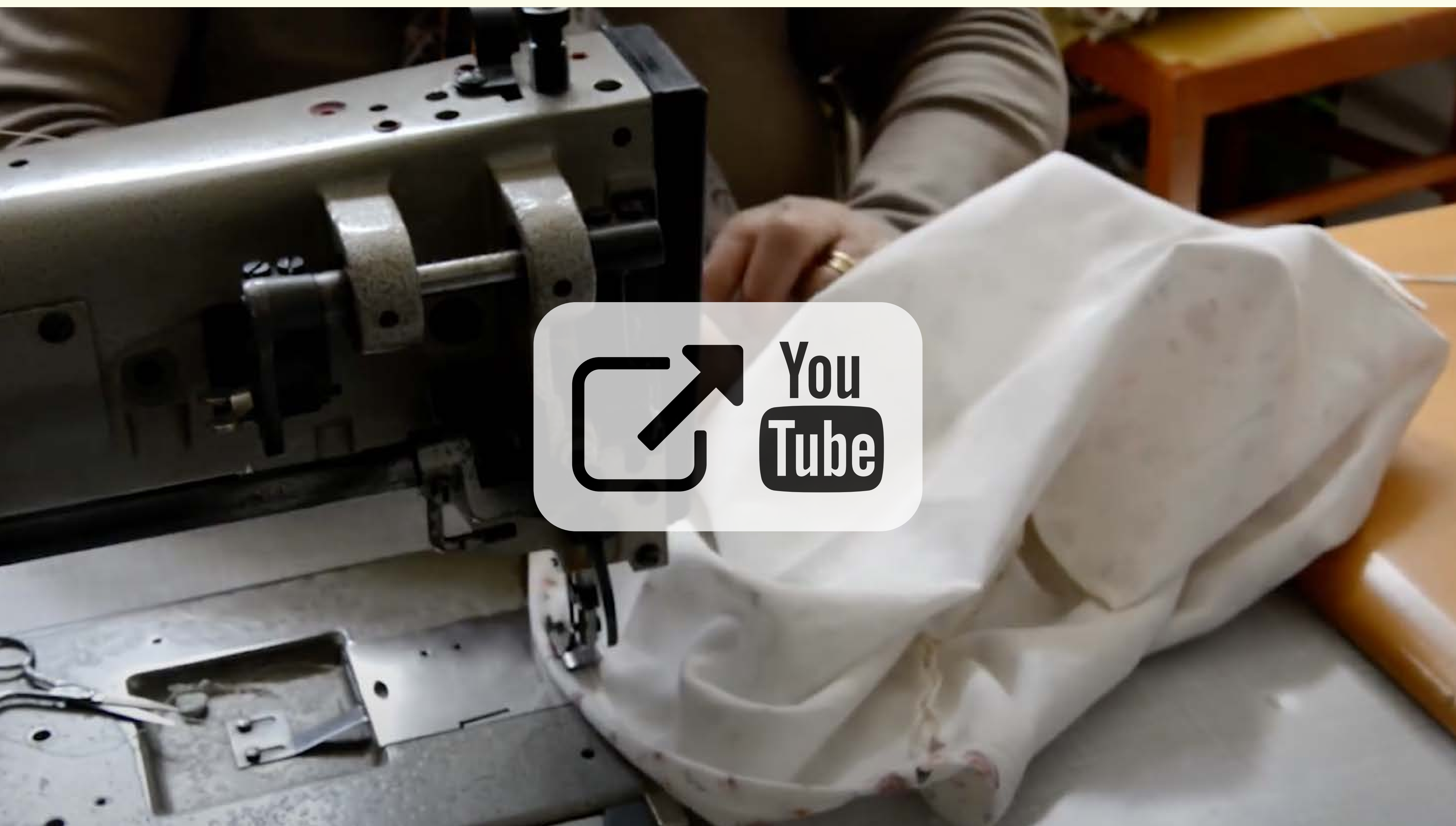
1. Measure the seat
2. Fix the upholstery surface on the cut wooden board
3. Mark and cut foam
4. Place the seat and attach the foam in the middle
5. Cut off the corners
6. Fix from all sides with the stapler
7. Correct corners
8. Measure the length and width of the cover fabric
9. Cut the cover material
10. Upholstery fabric with the bottom and with the fold of the foam together
11. Centre and fix with the stapler
12. Carefully stretch and fix the corners
13. Remove excess fabric and staple it firmly
14. Final Control



Unit 2 Sew a bag

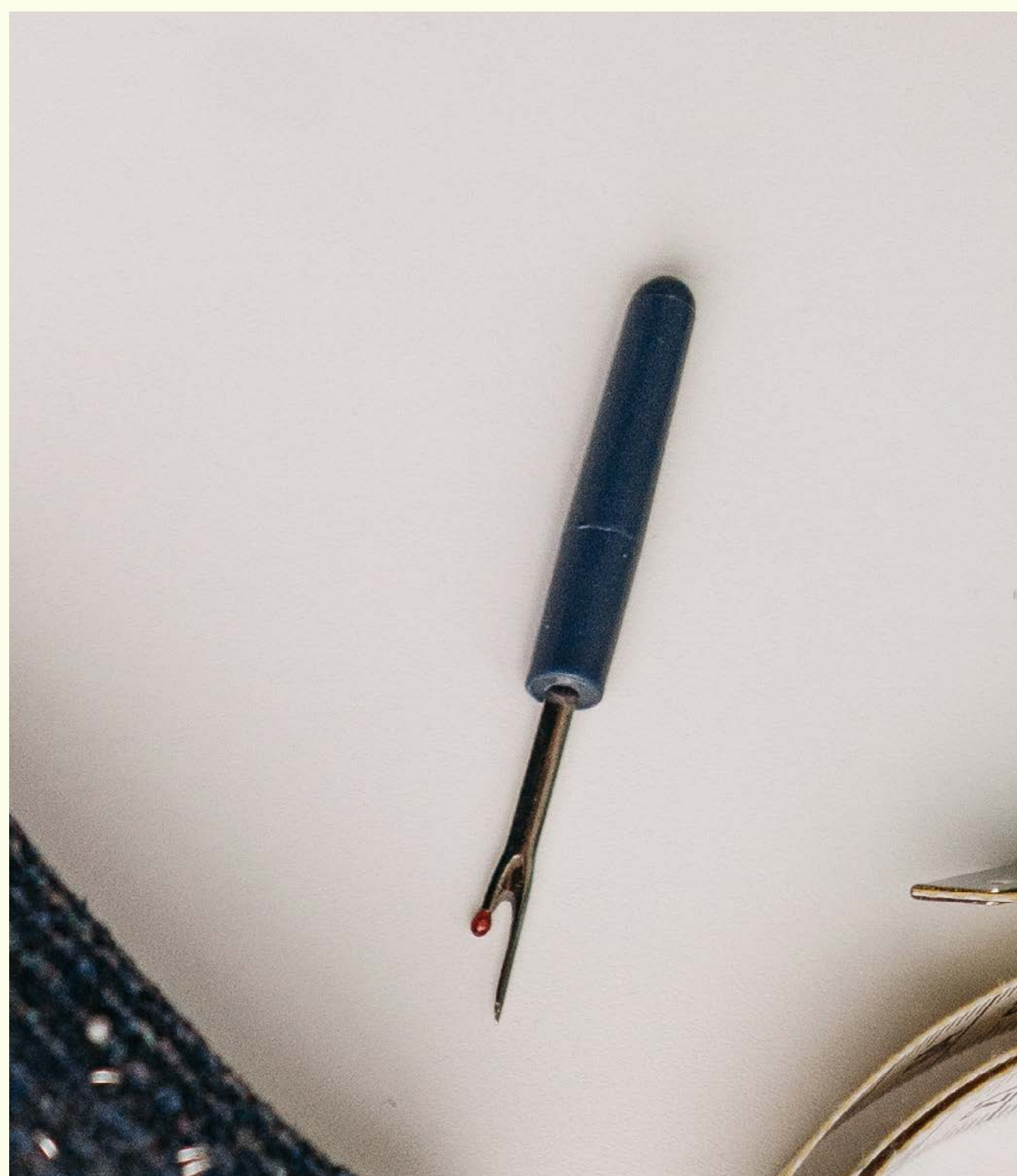
Learning objectives

- Identify the tools needed.
- Choose the right type of tools
- Use the sewing machine
- Measure and cut the linen
- Sew a bag



Tools needed

Sewing machine, seam ripper, scissors



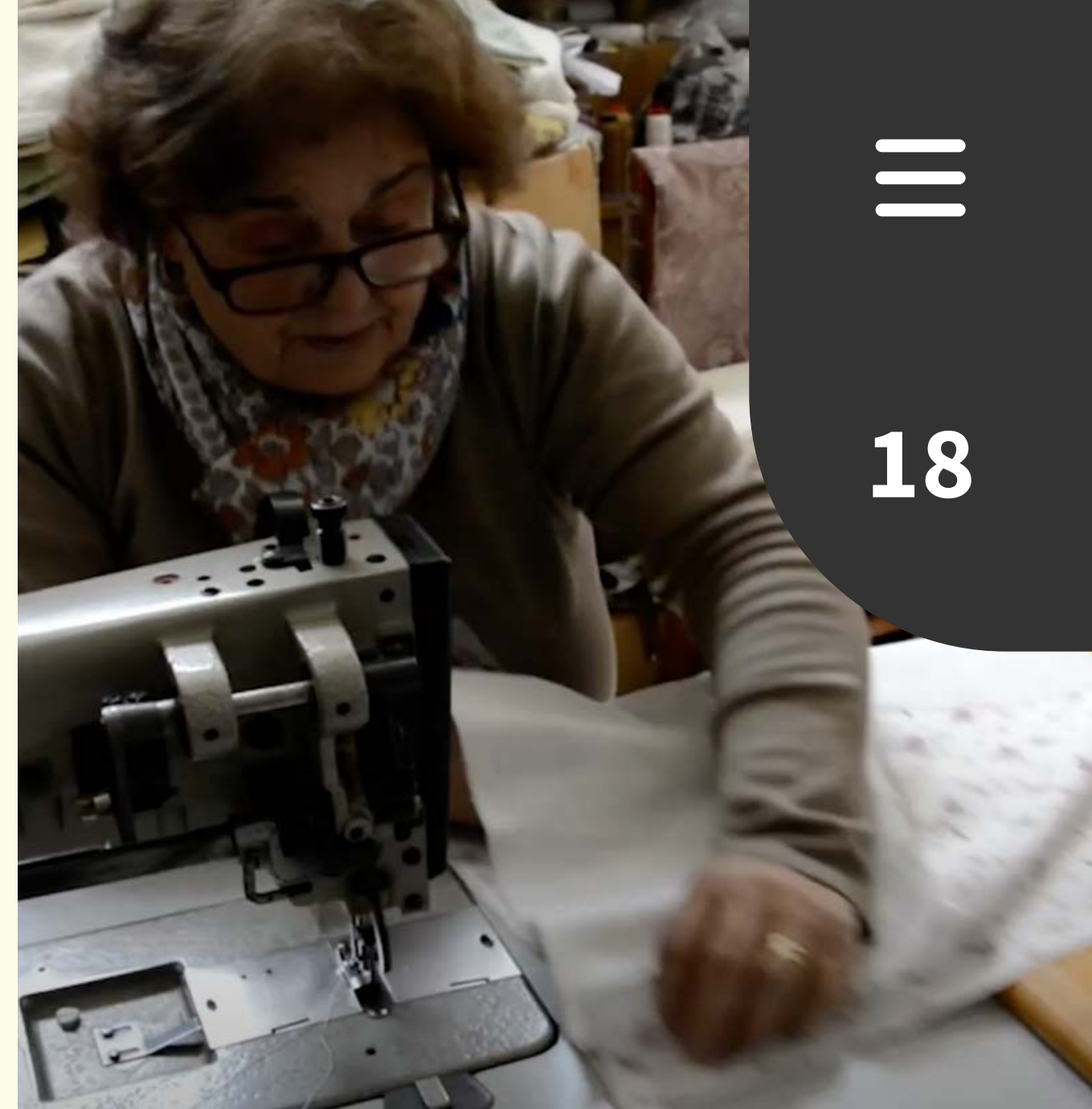
Raw materials

Linen, sewing thread, drawstring



Steps

1. Measure and cut the linen
2. Prepare sewing machine
3. Fold the cotton fabric in half
4. Sew the right edge towards the fold
5. Sew the beginning and end together several times
6. Pay attention to an even stitch width
7. Sew the left edge evenly
8. Sew the end together several times
9. Cut off the thread ends
10. Thread the drawstring through the side opening
11. Insert the drawstring and turn over the edges
12. Sew edges
13. Check and straighten edges
14. Shorten the drawstring to the correct length
15. Fold the tunnel and sew up the second side of the bag
16. Cut off the thread ends
17. Turn the bag inside out
18. Check seams and drawstring
19. Make a loop
20. Final Control



18





Unit 3 Transforming a shirt

Learning objectives

- Identify the tools needed.
- Choose the right type of tools
- Adjust the shirt
- Measure and cut the fabric
- Use the sewing machine
- Transform a shirt with laces



Tools needed

Needle, thread, scissors, chalk, centimetre for seamstress,
Sewing machine

Raw materials

1 man's shirt L, lace



Steps

1. Cut off the shirt collar
2. Pin the front and back together
3. Determine the new section
4. Put a mark 35 cm from the shoulder
5. Under the mark, sew the lace to the seam side
6. Cut the back neckline
7. Cut the sleeves to the desired length
8. Sew the neckline by machine or by hand
9. Sew the sleeves by machine or by hand
10. Use zig zag stitch to sew the lace
11. Sew the lace on the side seam under the sleeve at 35 cm from the shoulder
12. Wear with buttons on the front or on the other side
13. Final Control



Unit 4 **Make a Straw hat**

Learning objectives

- Identify the tools needed.
- Choose the right type of tools
- Adjust the straws
- Sew the straws together
- Measure and cut
- Use the sewing machine
- Produce a straw hat



Tools needed

Flat roller, Sewing machine, ruler, scissors



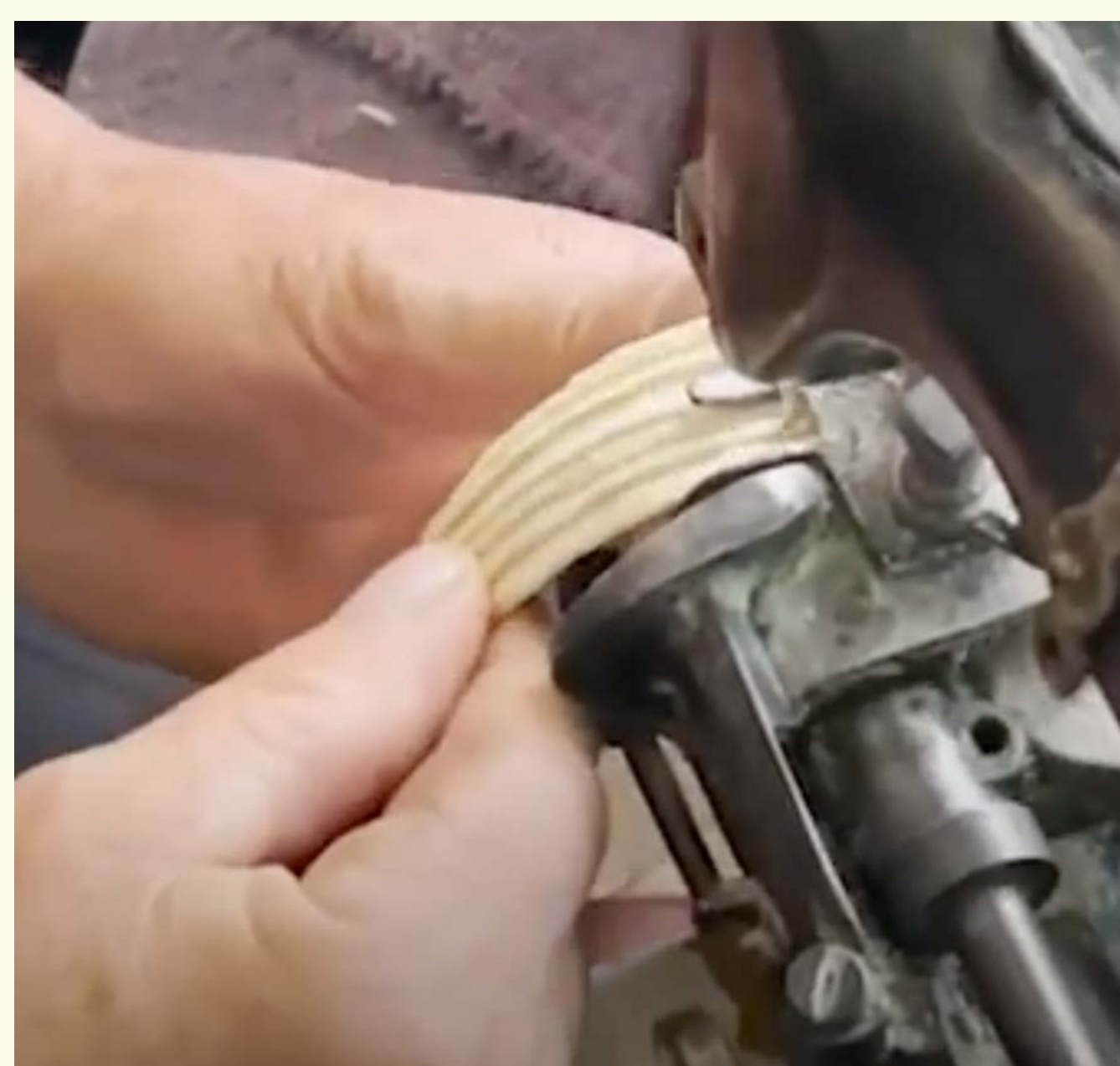
Raw materials

Straws, straw ribbon



Steps

1. Braid flattened straws together
2. Lay out the braided straw ribbon and roll flat
3. Fold over the beginning of the straw band and put it into the machine
4. Sew all the way around lengthways to the edge
5. Rotate every 180 degrees counter-clockwise
6. Cut off the sewn thread ends evenly in a circular motion
7. Sew at the edge
8. Check the diameter of the cover plate then, to sew up the crown, the straw ribbon
9. Sew at a 90-degree angle
10. Sew the hat crown to desired height and slowly reversed for the transition to the hat shoulder
11. Sew at 90 degrees offset
12. Final Control



Unit 5 **Traditional Weaving Technique**

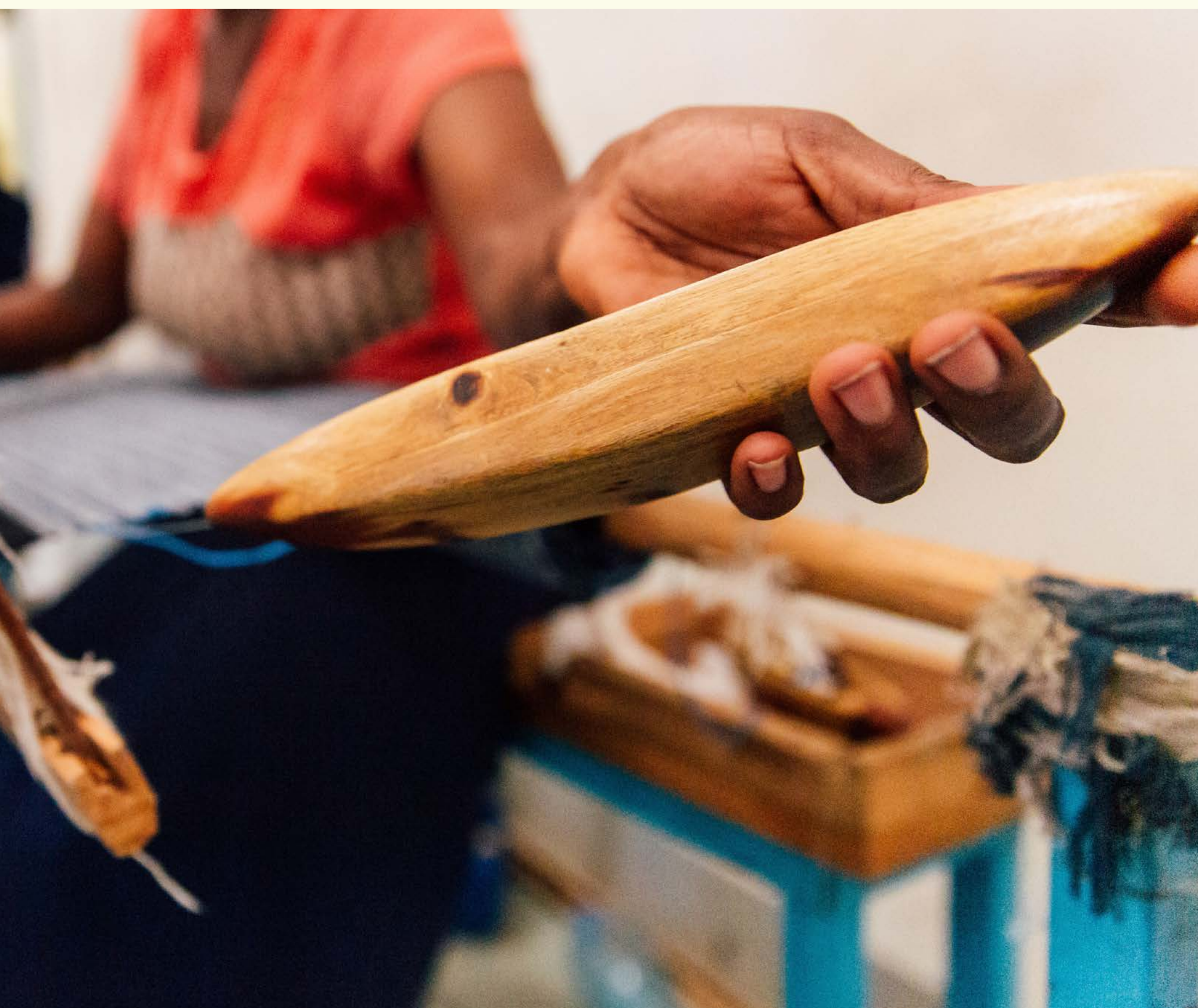
Learning objectives

- Identify the tools needed.
- Adjust the flax fibres
- Use the flat loom
- Prepare fabric in traditional ways



Tools needed

Spinning, flat loom



Raw materials

Flax fibres



Steps

1. Spinning: pulling the flax fibres out of the distaff, align and twist by hand, wind the thread onto the spindle by turning it
2. Flat loom: press down the right pedal with your foot, Shaft 1 is raised, shaft 2 remains down
3. Newly inserted weft thread with the weaver reed
4. press against the fabric
5. “Shuttle” through the now open “compartment”
6. Push through across the warp threads
7. Enter weft thread and again with the weaver reed towards
8. Drag goods tree
9. Weft thread is thereby pressed against the finished fabric
10. Another centimetre of fabric is ready



Unit 6 Transforming a T-Shirt into a Bag

29

Learning objectives

- Identify the tools needed.
- Cut the t-shirt
- Adjust the fabric
- Use scissors
- Create a bag



Tools needed

Scissors, ruler, chalk



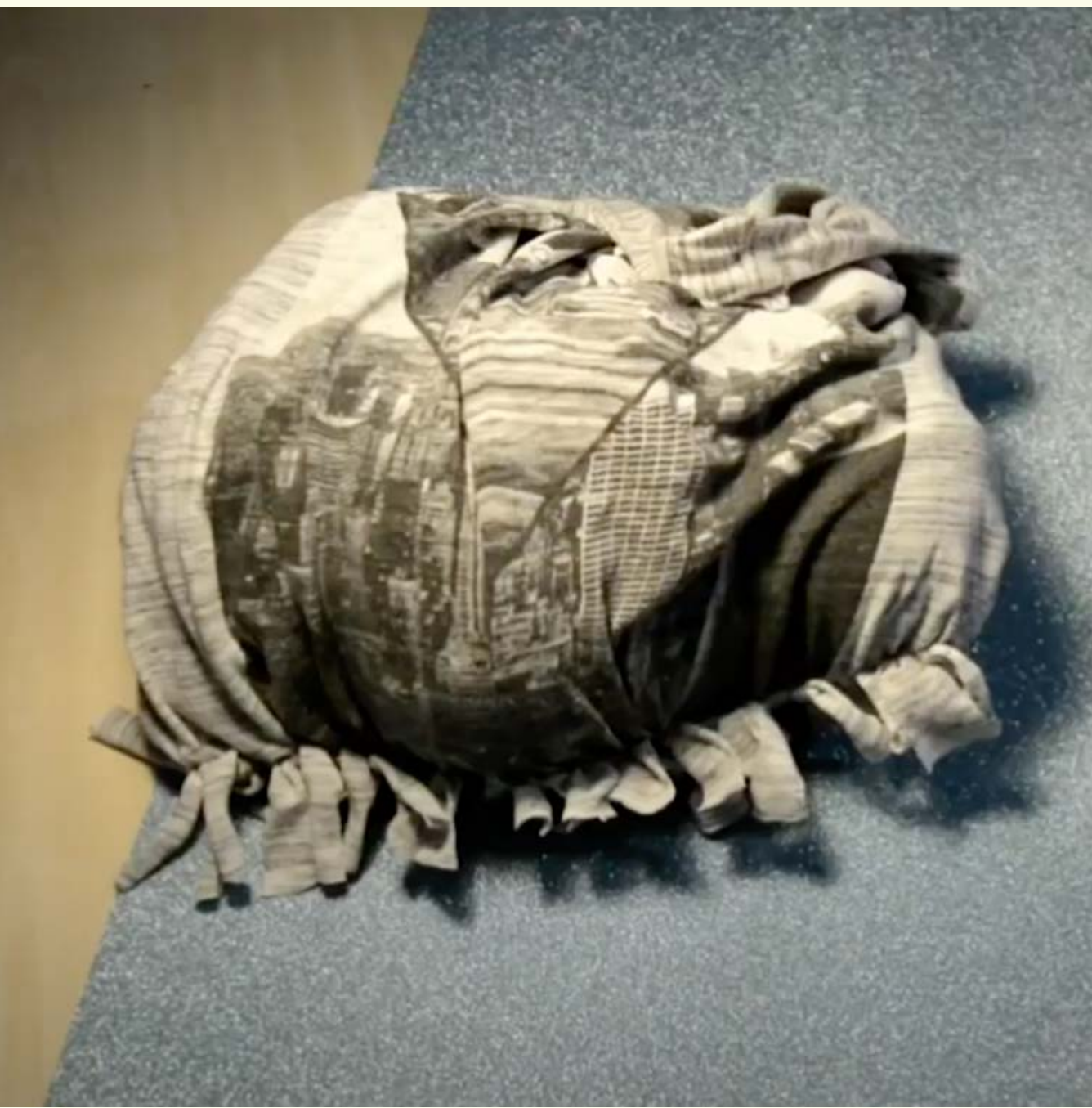
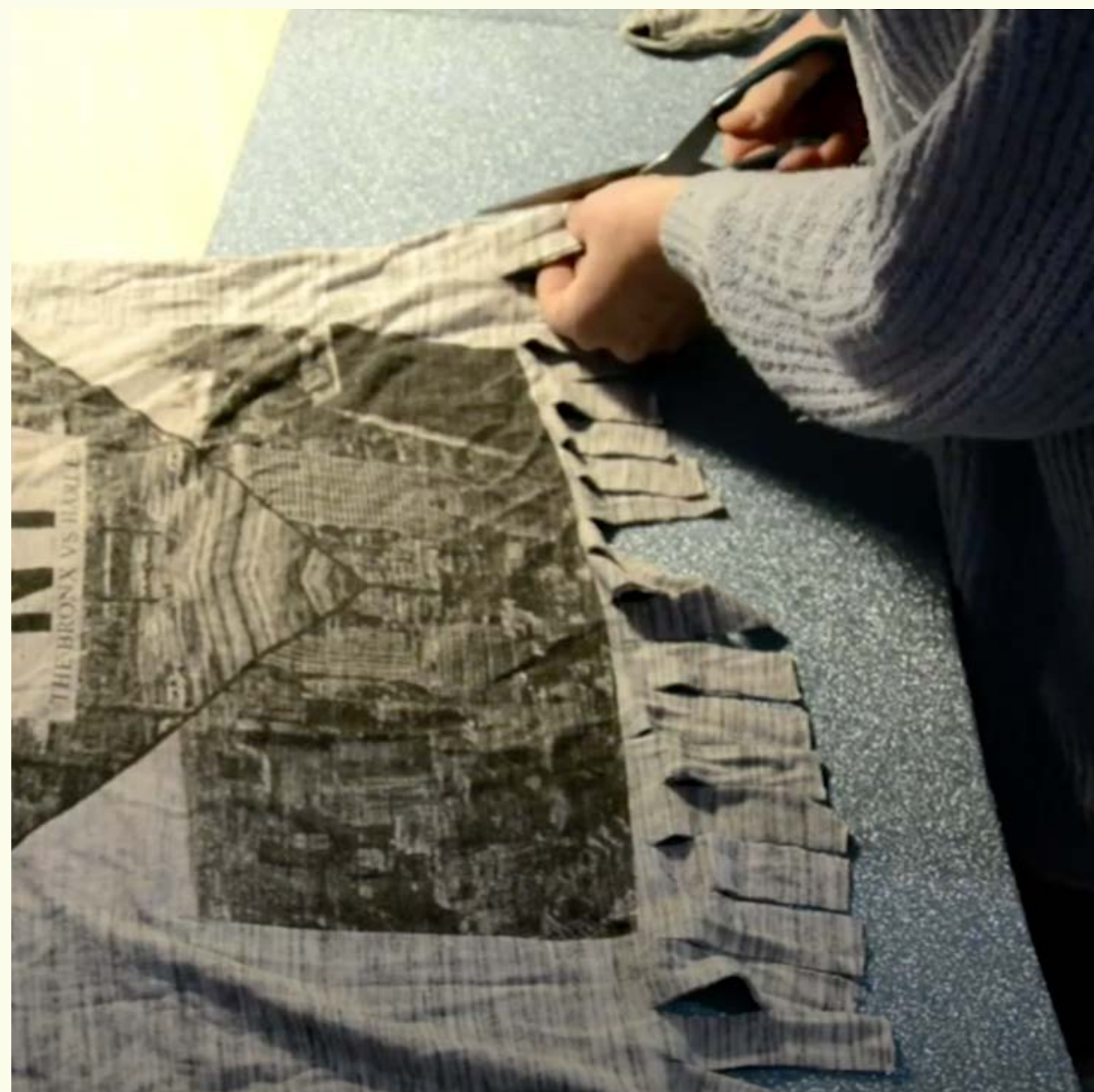
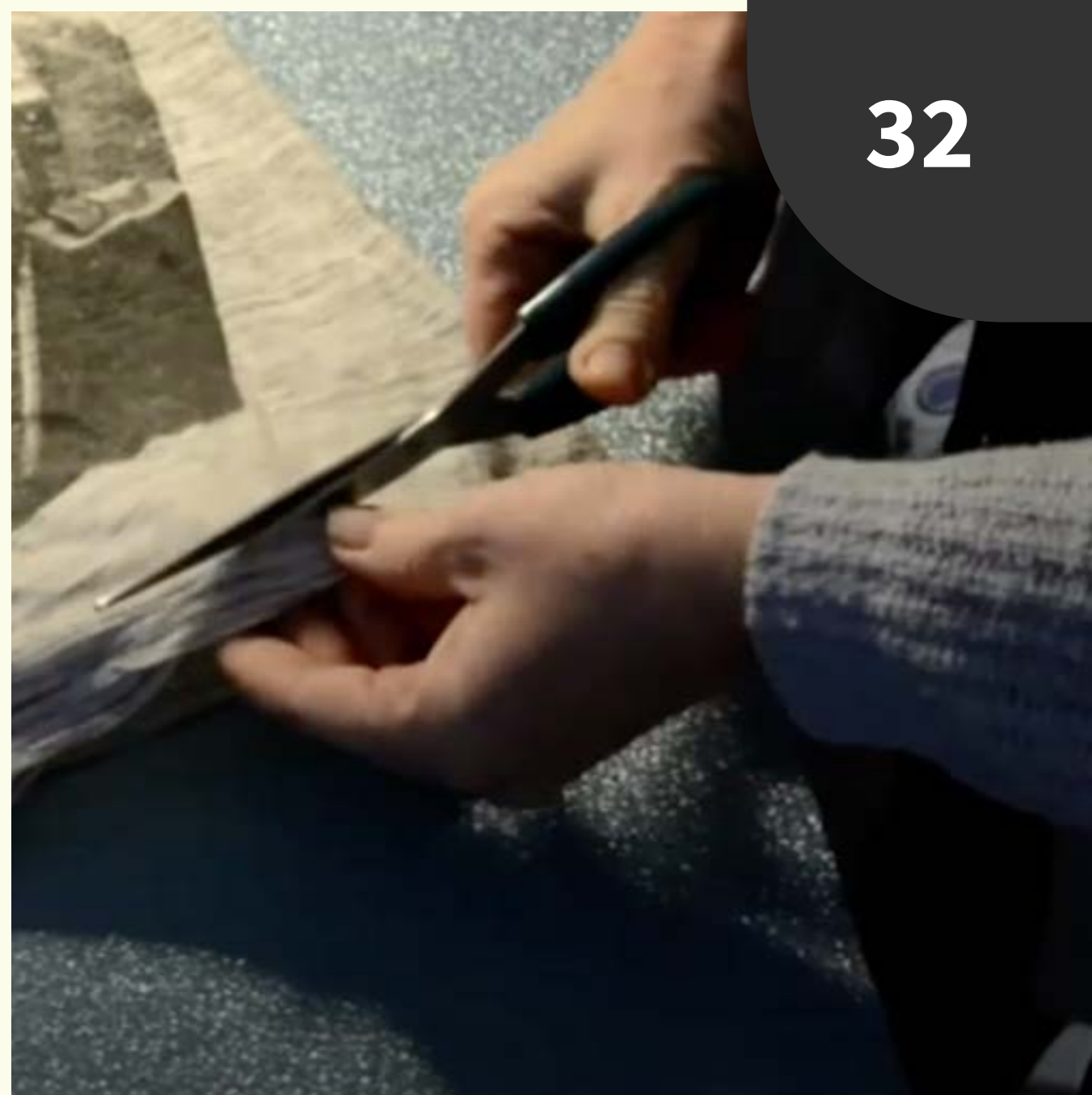
Raw materials

T-Shirt



Steps

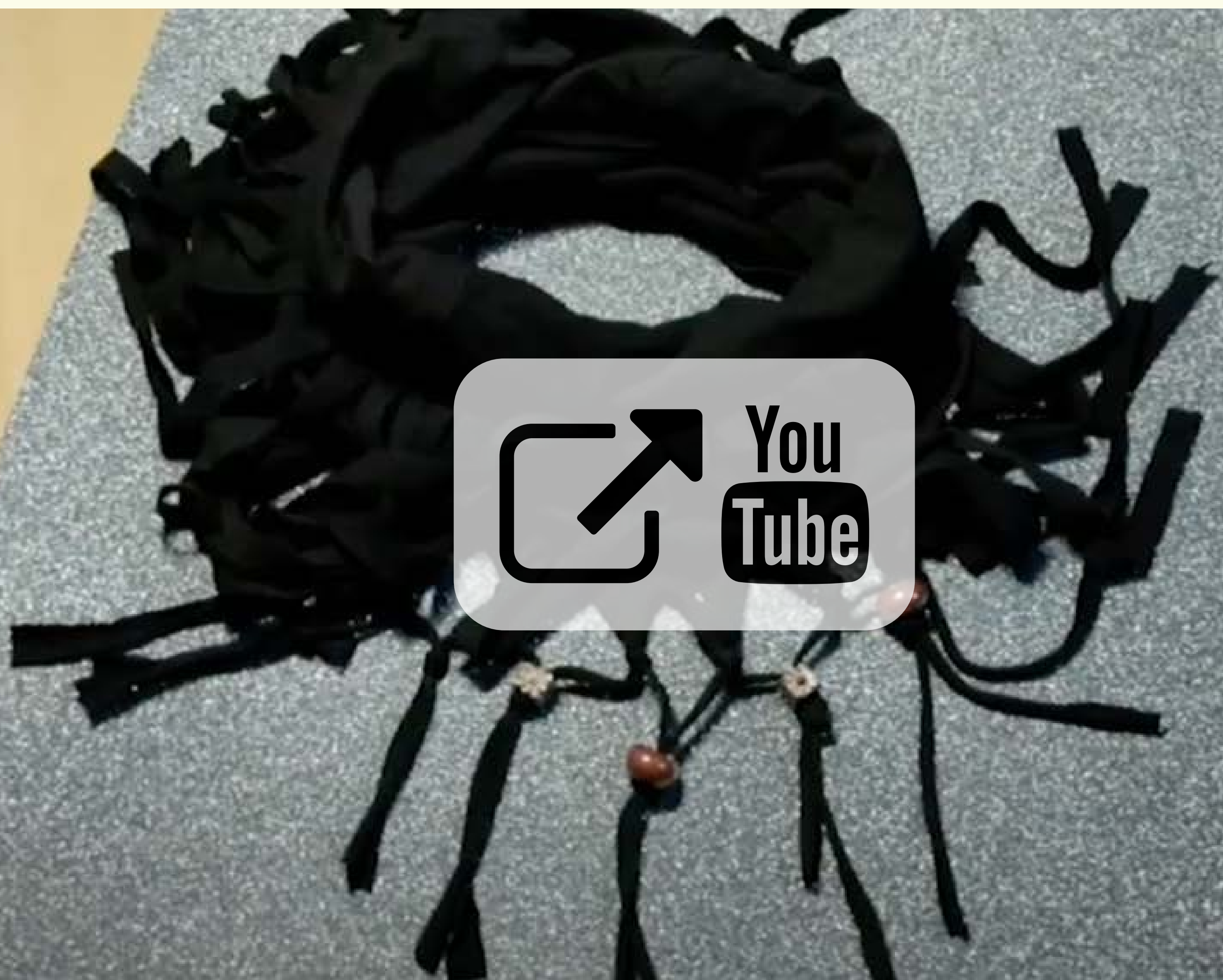
1. Cut the sleeves
2. Cut the neckline
3. Cut off its lower edge
4. Put a mark 10 cm from the base
5. First round lay out the strips
6. Put a mark on the other side and continue cutting
7. Continue cut strips of 2 cm.
8. Second round, join with two knots, the strip of the front with that of the back
9. Finishing the length of the bangs
10. Final Control



Unit 7 Scarf from a T-shirt

Learning objectives

- Identify the tools needed.
- Cut the t-shirt
- Adjust the fabric
- Use scissors
- Create a scarf



Tools needed

Scissors, ruler, chalk



Raw materials

T-Shirt, beads



Steps

1. Cut the t-shirt under the sleeves
2. Cut strips of 1 cm
3. Put a mark on the other side and keep cutting
4. First round stretch the strips, join two strips together with a knot at 3 cm and continue
5. Second round, put a bead and join two strips together with a knot and continue
6. Final Control



Links

UPHOLSTERY

Beginners Guide to Furniture Upholstery

https://www.youtube.com/watch?v=s9Y_Dz-wBh8

Upholstery tools-What do I need as a beginner?

<https://www.youtube.com/watch?v=xHn1npLasSk>

Essential Tools For Upholstery | Upholstery Tools For Beginners To Professionals | FaceliftInteriors

<https://www.youtube.com/watch?v=tGdnHFUBrN0>

5 tips for choosing the best upholstery fabrics – from interior designer Emma Sims Hilditch

<https://www.homesandgardens.com/news/how-to-choose-upholstery>

Upholstery Tools

<https://www.rowleycompany.com/upholstery/tools?p=2>

How to Remove Upholstery Tacks from Furniture | Upholstery

<https://www.youtube.com/watch?v=dlhAPuuVS58>

How to Stretch Upholstery Webbing

<https://www.youtube.com/watch?v=fRIznsKBCZ4>

RECYCLING/UPCYCLING CLOTHES

Old Clothes ! 12 DIY Clothes Reuse Hacks | Everyday Life Hacks

<https://www.youtube.com/watch?v=-WHY0vLPc50>

17 Marvelous DIY Ideas For Upcycling Old Clothes

<https://www.youtube.com/watch?v=yLZgrSpCAVs>

30 Ways To Recycle Old Clothes Into Something New

<https://www.youtube.com/watch?v=bHPZetNopK8>

How to Recycle Clothing & Accessories

<https://earth911.com/recycling-guide/how-to-recycle-clothing-accessories/>

How To Recycle Clothing (And 8 Creative Ways To Upcycle Fabric)

<https://www.sustainably-chic.com/blog/clothing-waste-how-to-recycle-clothing>

How To Recycle And Repurpose Used Clothing

<https://www.thegoodtrade.com/features/how-to-recycle-and-repurpose-clothing/>

8 Ways to Recycle Old Clothes

<https://environment.co/8-ways-to-recycle-old-clothes/>

What to do with my textiles?

<https://www.mywaste.ie/what-to-do-with-textiles/>

Home decorating ideas handmade with clothes, Old clothes recycle ideas

https://www.youtube.com/watch?v=kOvOWV_uDqA

Project Title: Innovative and Practical training for low-skilled and migrants Jobs

Project Number: 2020-1-DE02-KA202-007465

Published: April 2023

More info: <https://ip4j.eu>

